

**PROGRAM / PROGRAMME / PROGRAMM**
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|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------|-------------------------------------------------|-------------------------------|
| <b>Date / Date / Datum</b><br>Dec 14, 2023                                                                                                                                                                                                                                                                                                                                                                                     | <b>Site / Lieu / Ort</b><br>Tremblant/Flying Miles | <b>Country / Pays / Land</b><br>CAN             | <b>Event</b><br>GS codex:5502 |
| <b>Category / Catégorie / Kategorie</b><br><input checked="" type="checkbox"/> COC <input type="checkbox"/> FIS <input type="checkbox"/> CIT <input type="checkbox"/> NJR <input type="checkbox"/> MAS <input type="checkbox"/>                                                                                                                                                                                                |                                                    |                                                 |                               |
|                                                                                                                                                                                                                                                                                                                                                                                                                                | <b>Place</b>                                       | <b>Time</b>                                     |                               |
| <b>Radios / Radios / Funkgeräte</b>                                                                                                                                                                                                                                                                                                                                                                                            | Club de Ski Mont-Tremblant                         | 06:00                                           |                               |
| <b>Lift open / Ouverture des remontées mécaniques / Lift öffnet</b>                                                                                                                                                                                                                                                                                                                                                            | Flying Miles                                       | 07:00(volunteers)<br>07:15 (athletes)           |                               |
| <b>Warmup and training area / Piste d'échauffement et d'entraînement / Aufwärm- und Trainingspiste</b>                                                                                                                                                                                                                                                                                                                         | Beauvalon Bas (free ski)                           | 07:15 - 09:00                                   |                               |
| <b>Jury inspection / lieu d'inspection du jury / Ort der Besichtigung Jury</b>                                                                                                                                                                                                                                                                                                                                                 | Flying Mile                                        | 07:00                                           |                               |
| <b>Jury / Jury / Jury</b>                                                                                                                                                                                                                                                                                                                                                                                                      | FIS TD: Chuck Hugues # (USA)                       |                                                 |                               |
|                                                                                                                                                                                                                                                                                                                                                                                                                                | Chief of Race: Caroline Pageau (CAN)               |                                                 |                               |
|                                                                                                                                                                                                                                                                                                                                                                                                                                | Referee: C. Stephen (CAN)                          |                                                 |                               |
|                                                                                                                                                                                                                                                                                                                                                                                                                                | Assist Referee: n/a                                |                                                 |                               |
| <b>Run / Manche / Lauf</b>                                                                                                                                                                                                                                                                                                                                                                                                     | <b>1st / 1ère / 1. Run</b>                         | <b>2nd/ 2ème / 2. Run</b>                       |                               |
| <b>Course setter / Traceur / Kurssetzer</b>                                                                                                                                                                                                                                                                                                                                                                                    | Ali Spencer (USA)                                  | Yves Payer (CAN)                                |                               |
| <b>Inspection (one) / Reconnaissance (une) / Besichtigung (eine)</b>                                                                                                                                                                                                                                                                                                                                                           | 8:00-8:45                                          | 11:30 - 12:00                                   |                               |
| <b>Entry for racers closed / Entrée fermée pour coureurs / Zutritt für Wettkämpfer geschlossen</b>                                                                                                                                                                                                                                                                                                                             | 8:15                                               | 11:45                                           |                               |
| <b>Coaches on place / Entraîneurs en position / Trainer am Platz</b>                                                                                                                                                                                                                                                                                                                                                           | 8:50                                               | 12:15                                           |                               |
| <b>Number of forerunners + (Starttime) / Nombre + (Heure de départ ouvreurs 1) / Anzahl + (Startzeit Vorläufer 1)</b>                                                                                                                                                                                                                                                                                                          | 3 - (start 8:55)                                   | 3 - (start 12:40)                               |                               |
| <b>Start time racer no. 1 / Heure de départ no 1 / Startzeit Nr. 1</b>                                                                                                                                                                                                                                                                                                                                                         | 9:00                                               | 12:45                                           |                               |
| <b>Start interval / Intervalle de départ / Startintervall</b>                                                                                                                                                                                                                                                                                                                                                                  | 45 seconds                                         | 45 seconds                                      |                               |
| <b>Yellow zones, flags/ Zones jaunes, drapeaux Gelbe Zonen, Flaggen</b>                                                                                                                                                                                                                                                                                                                                                        | n/a                                                |                                                 |                               |
| <b>Slip crews / Lisseurs / Rutschkommandos</b>                                                                                                                                                                                                                                                                                                                                                                                 | Continuous                                         |                                                 |                               |
| <b>Intermediate times / Temps intermédiaires / Zwischenzeiten</b>                                                                                                                                                                                                                                                                                                                                                              | n/a                                                |                                                 |                               |
|                                                                                                                                                                                                                                                                                                                                                                                                                                | <b>Place</b>                                       | <b>Time</b>                                     |                               |
| <b>Prize giving ceremony / Remise des prix / Siegerehrung</b>                                                                                                                                                                                                                                                                                                                                                                  | Place des voyageurs<br>base/next to Cabriolet      | 30 min after last racer                         |                               |
| <b>Course setter next race / traceur prochaine compétition / Kurssetzer nächste</b>                                                                                                                                                                                                                                                                                                                                            | <b>1st run / 1<sup>re</sup> manche / 1. Lauf</b>   | <b>2nd run/ 2<sup>me</sup> manche / 2. Lauf</b> |                               |
|                                                                                                                                                                                                                                                                                                                                                                                                                                | C. Stephen (CAN)                                   | Ryan Wilson (USA)                               |                               |
| <b>Next team captains meeting / Prochaine séance des chefs d'équipes / Nächste Mannschaftsführersitzung</b>                                                                                                                                                                                                                                                                                                                    | Thursday 14 Dec 2023 at 16:00 @ Fairmount          |                                                 |                               |
| <b>Public draw / tirage au sort / Öffentliche Auslosung</b>                                                                                                                                                                                                                                                                                                                                                                    | NAC board                                          |                                                 |                               |
| <b>Miscellaneous / Divers / Verschiedenes</b> <ul style="list-style-type: none"> <li>• Cabriolet and Chalet des voyageurs open @ 7:00</li> <li>• Athletes Bags can be left at the finish (appropriate section for bags)</li> <li>• FORBIDDEN to use another warmup trail and any other trail can be used</li> <li>• Bids have to left on the rack @ the finish</li> <li>• Lift ticket is mandatory all time to load</li> </ul> |                                                    |                                                 |                               |

- Flying Miles express Quad is 8 min with no waiting time.
- Grand Manitou cafeteria opens @ 8h30 at the summit.
- For take out, you have Ricochet café @ Fairmount Hotel who opens @ 7:00
- Medical plans will be presented at the TCM and shall be accepted by all
- Mont-Tremblant Ski club, race organizers and director cannot be held responsible for any accident or injury which occurs during the event. The organizing committee has the right to refuse entry to any competition who constitutes a potential risk in the circumstances
- Athletes must be capable and comfortable to start at this event.

